

LG&E and KU Recognized as a 2016 Healthiest 100 Workplace in America®

Utilities' wellness programs emphasize employees' overall well-being

(LOUISVILLE, Ky.) – Louisville Gas and Electric Company and Kentucky Utilities Company have been recognized as a 2016 Healthiest 100 Workplace in America, an awards program presented by Springbuk®.

The top one hundred employers were recognized this week at the Corporate Wellness Conference® in Washington D.C. The winning organizations were honored for their commitment to employee health and exceptional corporate wellness programming. Of the more than 5,000 employers who applied for the award nationally, LG&E and KU ranked 53.

Award applicants were evaluated across six key categories: Vision, Culture/Engagement, Learning, Expertise, Metrics and Technology. Applicants were evaluated with the proprietary Healthiest Employer Index, a 1-100 metric for wellness programming. These organizations have achieved lasting success through a wide array of employee wellness initiatives and corporate wellness programs.

"It is such an honor to be recognized among the best in the nation," said DeAnna Hall, manager of Corporate Health and Wellness for LG&E and KU. "Our employees are our greatest assets, and we're proud to offer a variety of programs that help them achieve optimal health. We're not only influencing our company's culture, but we're changing lives for the better."

"Year after year, we see strong growth and continued investment in worksite wellness programs," noted Rod Reasen, CEO of Springbuk, the scoring engine behind the national Healthiest Employer® Awards Program. "These 100 organizations are the best of the best. Their efforts are improving the health of their workforce and community."

LG&E and KU's Wellness Programs

The utilities' award-winning Wellness Program is entering its 22nd year and offers a robust collection of programs and resources for a wide-ranging employee population located across more than 50 company facilities in Kentucky and Virginia. The highly-engaging, responsive programs arm employees with the information and resources they need to lead healthy, balanced lifestyles.

About Springbuk, Inc.

Springbuk is the leading health intelligence platform for employers. The tool arms employers with a complete view of their population to target engagement, pinpoint spending and measure results. Springbuk is the scoring engine behind the Healthiest Employer® Awards Program that includes over 18,000 employers that represent over 60 million employee lives. Learn more at www.springbuk.com and www.HealthiestEmployers.com.

###

Louisville Gas and Electric Company and Kentucky Utilities Company, part of the PPL Corporation (NYSE: PPL) family of companies, are regulated utilities that serve nearly 1.3 million customers and have consistently ranked among the best companies for customer service in the United States. LG&E serves 322,000 natural gas and 403,000 electric customers in Louisville and 16 surrounding counties. KU serves 546,000 customers in 77 Kentucky counties and five counties in Virginia. More information is available at www.lge-ku.com and www.pplweb.com.

For further information: call the LG&E and KU media hotline at 502-627-4999.

<https://news.pplweb.com/news-releases?item=137286>