

Six tips for keeping energy use in check

Utilities offer helpful ways to manage energy use while staying “Healthy at Home”

(LOUISVILLE, Ky.) – For many, more time at home during the ongoing pandemic means more cooking, more washing dishes, more lights and TVs on, and maybe even some added equipment to enable virtual work and learning. Because all of these can add up to increased energy use and energy bills, Louisville Gas and Electric Company and Kentucky Utilities Company are sharing simple tips for keeping energy use in check while following the state’s request and staying “Healthy at Home.”



- **Put it to sleep** – Set computers automatically to switch to sleep mode or manually turn off computers and monitors when they’re not in use. If the computer has a power management setting, make sure it’s activated.
- **Switch it out** – Replace your most used incandescent light bulbs with Energy Star certified LEDs. Turn off lights when they are not in use.
- **Air dry it** – Only run full loads when washing dishes and clothes. Air dry dishes instead of using the dishwasher’s drying cycle and use a clothesline or drying rack to air dry clothing.
- **Seal up leaks** – If you already have them around the house, applying tools like insulation, caulk and weather stripping can close gaps around doors, windows and duct work. This helps keep cool air in and warm air out and helps HVAC systems operate more efficiently.
- **Change your filter** – Keep your HVAC system in tiptop shape by changing the air filter each month or according to the manufacturer’s instructions. Date your filter or set a reminder to help keep track of when it’s time for a new one.
- **Grill out** – Taking cooking outdoors will eliminate energy drawn from using other, larger cooking appliances like your stove, and will keep your kitchen – and your whole house – cooler.

With adult supervision, several of these and other suggested tips are energy-related activities that can be done with kids.

As we continue to navigate the ongoing situation together, LG&E and KU remain committed to providing the critical energy services our customers and communities depend on.

Visit [lge-ku.com/tips](https://www.lge-ku.com/tips) for more energy saving tips. Customers having difficulties paying their bill should contact LG&E and KU to establish payment arrangements and to be connected with other billing assistance programs.

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Louisville Gas and Electric Company and Kentucky Utilities Company, part of the PPL Corporation (NYSE: PPL) family of companies, are regulated utilities that serve nearly 1.3 million customers and have consistently ranked among the best companies for customer service in the United States. LG&E serves 329,000 natural gas and 418,000 electric customers in Louisville and 16 surrounding counties. KU serves 558,000 customers in 77 Kentucky counties and five counties in Virginia. More information is available at www.lge-ku.com and www.pplweb.com.

For further information: call the LG&E and KU media hotline at 502-627-4999.

